














MOOSE TRACKS CAMPING & OUTDOOR COMPLETE CAMPING CHECKLIST

SLEEPING	COOKING WITH CAMPING STOVE
<input type="checkbox"/> TENT	<input type="checkbox"/> CAMPING STOVE
<input type="checkbox"/> TENT STAKES	<input type="checkbox"/> FUEL / PROPANE
<input type="checkbox"/> MALLET	COOKING WITH GRILL / FIRE PIT
<input type="checkbox"/> SLEEPING BAG / BLANKETS	<input type="checkbox"/> CHARCOAL / LIGHTER FLUID
<input type="checkbox"/> PILLOWS	<input type="checkbox"/> TRIPOD STAND
<input type="checkbox"/> TARP (UNDER TENT) 	MESS KIT
<input type="checkbox"/> AIR MATTRESS / AIR PUMP 	<input type="checkbox"/> COOKING POT / SKILLET
<input type="checkbox"/> FAN (BATTERY OPERATED) 	<input type="checkbox"/> SPATULA / MIXING SPOON
LIGHTING	<input type="checkbox"/> SERRATED KNIFE
<input type="checkbox"/> LANTERN	<input type="checkbox"/> FORK(S) / SPOON(S)
<input type="checkbox"/> MANTLES	<input type="checkbox"/> PLASTIC BOWL(S)
<input type="checkbox"/> FLASHLIGHT(S)	<input type="checkbox"/> PLASTIC PLATE(S)
<input type="checkbox"/> MATCHES / LIGHTER	<input type="checkbox"/> PLASTIC CUP(S)
<input type="checkbox"/> FUEL / PROPANE	<input type="checkbox"/> SALT / PEPPER 
<input type="checkbox"/> FIRE WOOD	<input type="checkbox"/> DISH SOAP 
<input type="checkbox"/> FIRE STARTERS	<input type="checkbox"/> HAND TOWEL(S) 
<input type="checkbox"/> MANTLES (BACK UP) 	<input type="checkbox"/> TABLE CLOTH 
<input type="checkbox"/> BATTERIES (BACK UP) 	<input type="checkbox"/> COFFEE PERCOLATOR 

 NOT NECESSARY BUT MOOSE TRACK RECOMMENDED

OTHER ITEMS	<input type="checkbox"/> MESH / TOTE BAGS 
<input type="checkbox"/> BUG SPRAY	<input type="checkbox"/> TRASH BAG(S)
<input type="checkbox"/> SUN SCREEN (SPF 30)	<input type="checkbox"/> TOILET PAPER
<input type="checkbox"/> SOAP	<input type="checkbox"/> CLOSE-TOED SHOES
<input type="checkbox"/> TOWELS	<input type="checkbox"/> HAT
<input type="checkbox"/> WATER / WATER CONTAINER	<input type="checkbox"/> CLOTHES LINE 
<input type="checkbox"/> PORTABLE SHOWER 	<input type="checkbox"/> WALKING STICK 
<input type="checkbox"/> LAWN CHAIR(S) 	<input type="checkbox"/> WORK GLOVES 
<input type="checkbox"/> SLING SHOT 	<input type="checkbox"/> SPEAKERS & MUSIC 
<input type="checkbox"/> HANGER(S) / ROASTING SKEWER(S) (FOR S'MORES/HOT DOGS) 	

SURVIVAL KIT	<input type="checkbox"/> FISH HOOKS / FISHING LINE
<input type="checkbox"/> KNIFE / MACHETTE / HATCHET	<input type="checkbox"/> DRY BAGS
<input type="checkbox"/> SHOVEL (SMALL)	<input type="checkbox"/> MATCHES (WATERPROOF)
<input type="checkbox"/> FIRST-AID KIT	<input type="checkbox"/> CANDLES
<input type="checkbox"/> COMPASS	<input type="checkbox"/> HEADLAMP
<input type="checkbox"/> Mallet / HAMMER	<input type="checkbox"/> WHISTLE
<input type="checkbox"/> UTILITY ROPE / BUNGEEES	<input type="checkbox"/> SIGNAL FLARES
<input type="checkbox"/> FLINT / FIRE (STRIKE-STARTER)	<input type="checkbox"/> MOSQUITO NET
<input type="checkbox"/> MIRROR (SMALL)	<input type="checkbox"/> MULTI-TOOL (LEATHERMAN)
<input type="checkbox"/> MAGNIFYING GLASS	<input type="checkbox"/> METAL CUP (MEDIUM)
<input type="checkbox"/> WATER CONTAINER (PORTABLE)	<input type="checkbox"/> RADIO (SHORT WAVE) 
<input type="checkbox"/> SOLAR CHARGER 	<input type="checkbox"/> PERSONAL PROTECTION 

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FOOD SUGGESTIONS	<input type="checkbox"/> BUTTER / COOKING SPRAY
BREAKFAST	<input type="checkbox"/> PANCAKE MIX / SYRUP
<input type="checkbox"/> JUICE (OJ OR APPLE)	<input type="checkbox"/> FRUIT
<input type="checkbox"/> COFFEE	<input type="checkbox"/> OATMEAL / GRANOLA
<input type="checkbox"/> CREAMER / HALF & HALF / MILK	<input type="checkbox"/> CEREAL
<input type="checkbox"/> SUGAR	<input type="checkbox"/> JAM
<input type="checkbox"/> EGGS	<input type="checkbox"/> KETCHUP
<input type="checkbox"/> BACON / SAUSAGE	<input type="checkbox"/> POTATOES
<input type="checkbox"/> TORTILLAS (CORN OR FLOUR)	<input type="checkbox"/> SALSA
<input type="checkbox"/> SHREDDED CHEESE	<input type="checkbox"/> BREAD

EASY BREAKFAST IDEAS

- COWBOY EGG – PUNCH A HOLE IN THE MIDDLE OF A PIECE OF BREAD, GREASE FRYING PAN WITH BUTTER AND PUT IN BREAD. CRACK EGG AND FILL HOLE. COOK APPROXIMATELY 2 MINUTES THEN FLIP AND COOK THE OTHER SIDE UNTIL EGG IS THE WAY YOU LIKE IT.**
- BREAKIE TOASTER – COOK BACON/SAUSAGE AND EGGS TO YOUR LIKING. TOAST BREAD AND THEN ASSEMBLE A SANDWICH.**
- MIGAS BREAKIE – MIGAS ARE SCRAMBLED EGGS WITH CHEESE AND CORN TORTILLAS. BASICALLY THROW IT ALL INTO A FRYING PAN AND COOK. YOU CAN ALSO COOK EGGS AND BACON/SAUSAGE AND THEN WRAP IN FLOUR/CORN TORTILLAS AND SERVE WITH HOT SAUCE**
- FRUIT CAKE BREAKIE – PACKAGED PANCAKE MIX WITH FRUIT OF CHOICE SUCH AS BANANAS, BLUEBERRIES, OR STRAWBERRIES IS EASY TO MAKE ON A CAMPING STOVE**
- TRADITIONAL BREAKIE – EGGS ANYWAY YOU LIKE, BACON OR SAUSAGE, TOAST, HASHBROWNS OR DICED POTATOES, AND CUP OF FRUIT (BANANAS, CLEMENTINES, APPLES, GRAPES)**
- HIPPIE BREAKIE – OATMEAL, CEREAL OR GRANOLA EITHER WITH MILK OR YOGURT AND A CUP OF FRUIT (BANANAS, CLEMENTINES, APPLES, GRAPES)**



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FOOD SUGGESTIONS	<input type="checkbox"/> CARROTS
LUNCH	<input type="checkbox"/> FRUIT
<input type="checkbox"/> BREAD	<input type="checkbox"/> CHIPS
<input type="checkbox"/> SANDWICH MEAT	<input type="checkbox"/> PASTA SALAD
<input type="checkbox"/> SLICED CHEESE	<input type="checkbox"/> PEANUT BUTTER
<input type="checkbox"/> HOT DOGS / BUNS	<input type="checkbox"/> JAM
<input type="checkbox"/> MAYO / MUSTARD / KETCHUP	<input type="checkbox"/> CRACKERS
<input type="checkbox"/> SOUP	<input type="checkbox"/> TUNA

EASY LUNCH IDEAS
<ul style="list-style-type: none"> <input type="checkbox"/> THE STANDARD – SANDWICH OF YOUR CHOICE, FRUIT, AND CHIPS OR PASTA SALAD. <input type="checkbox"/> THE BANANA SUIT – PEANUT BUTTER AND BANANA ON TOASTED BREAD. <input type="checkbox"/> THE INDEPENDENCE DAY – CAMP FIRE ROASTED HOTDOGS, PASTA SALAD OR CHIPS, AND WATERMELON <input type="checkbox"/> THE OLD SCHOOL – GRILLED CHEESE SANDWICH AND BOWL OF SOUP OF CHOICE <input type="checkbox"/> THE HEALTH NUT – TUNA ON CRACKERS, CARROTS, FRUITS AND NUTS



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FOOD SUGGESTIONS	<input type="checkbox"/> CHIPS / PASTA SALAD
DINNER	<input type="checkbox"/> CHILI
<input type="checkbox"/> HAMBURGER MEAT / BUNS	<input type="checkbox"/> CORN CHIPS
<input type="checkbox"/> MAYO / MUSTARD / KETCHUP	<input type="checkbox"/> RED BEANS & RICE
<input type="checkbox"/> TORTILLAS (CORN OR FLOUR)	<input type="checkbox"/> CRACKERS
<input type="checkbox"/> CHICKEN BREASTS (COOKED)	<input type="checkbox"/> STEAKS
<input type="checkbox"/> SHREDDED CHEESE	<input type="checkbox"/> GRILL RUB / SEASONING
<input type="checkbox"/> ONION (WHITE AND/OR RED)	<input type="checkbox"/> POTATOES
<input type="checkbox"/> BROCCOLI	<input type="checkbox"/> SALSA
<input type="checkbox"/> MUSHROOMS	<input type="checkbox"/> TORTILLA CHIPS
<input type="checkbox"/> AVOCADO	<input type="checkbox"/> GARLIC CLOVE
<input type="checkbox"/> LIMES / LEMONS	<input type="checkbox"/> SHRIMP SKEWERS
<input type="checkbox"/> PASTA	<input type="checkbox"/> VEGGIE SKEWERS
<input type="checkbox"/> TOMATO SAUCE	<input type="checkbox"/> BREAD
<input type="checkbox"/> BUTTER / COOKING SPRAY	<input type="checkbox"/> SALT / PEPPER

EASY DINNER IDEAS
<input type="checkbox"/> OLE GRILL OUT – GRILLED HAMBURGERS WITH ALL THE FIXINS AND PASTA SALAD OR GRILLED POTATOES OR STEAK GRILLED TO PERFECTION, VEGGIE SKEWERS, CAMP FIRE TOASTED BREAD
<input type="checkbox"/> FANCY PANTS – SHRIMP AND VEGGIE SKEWERS ON A BED OF LEMON AND GARLIC DUSTED PASTA WITH CAMP FIRE TOASTED BREAD
<input type="checkbox"/> ITALIAN STALLION – PASTA AND MEAT SAUCE, GRILLED BROCCOLI, CAMP FIRE TOASTED BREAD (CAN SUBSTITUTE MEAT SAUCE WITH CHICKEN AND TOMATO SAUCE)
<input type="checkbox"/> HEARTY HELPINGS – CHILI, RED BEANS & RICE, OR SOUP OF CHOICE
<input type="checkbox"/> SOUTH OF THE BORDER – CHICKEN QUESIDILLAS WITH BROCOLI, MUSHROOMS, ONIONS AND CHEESE, SIDE OF GUACAMOLE AND CHIPS AND SALSA

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FOOD SUGGESTIONS	<input type="checkbox"/> CARROTS
SNACKS	<input type="checkbox"/> CRACKER PACKS
<input type="checkbox"/> NUTS	<input type="checkbox"/> TRAIL MIX
<input type="checkbox"/> GRANOLA BARS	<input type="checkbox"/> DRIED FRUIT
<input type="checkbox"/> FRUIT	<input type="checkbox"/> STRING CHEESE
<input type="checkbox"/> PRETZELS	<input type="checkbox"/> POPCORN

FOOD SUGGESTIONS	<input type="checkbox"/> BROWNIES
SWEETS	<input type="checkbox"/> COOKIES
<input type="checkbox"/> GRAHAM CRACKERS	<input type="checkbox"/> CARAMEL POPCORN
<input type="checkbox"/> MARSHMELLOWS	<input type="checkbox"/> CUPCAKES
<input type="checkbox"/> CHOCOLATE BAR	<input type="checkbox"/> HOT CHOCOLATE



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